

**DECLARATION AND POWER OF ATTORNEY  
UNDER 35 USC §371(c)(4) FOR  
PCT APPLICATION FOR UNITED STATES PATENT**

As a below named inventor, I hereby declare that:  
my residence, post office address and citizenship are as stated below under my name;

I verily believe I am the original, first and sole inventor (if only one name is listed below) or an original, first and joint inventor (if plural names are listed below) of the subject matter which is claimed and for which a patent is sought, namely the invention entitled: EXERCISE DEVICE

described and claimed in international application number PCT/JP2002/010004 filed September 27, 2002.

I have reviewed and understand the contents of the above-identified specification, including the claims, as amended by any amendment referred to above.

I acknowledge the duty to disclose to the Office all information known to me to be material to patentability as defined in Title 37, Code of Federal Regulations §1.56.

Under Title 35, U.S. Code §119, the priority benefits of the following foreign application(s) filed by me or my legal representatives or assigns within one year prior to my international application are hereby claimed:

The following application(s) for patent or inventor's certificate on this invention were filed in countries foreign to the United States of America either (a) more than one year prior to my international application, or (b) before the filing date of the above-named foreign priority application(s):

Japanese Patent Application No. 2001-212833 filed June 8, 2001

I hereby appoint the following as my attorneys of record with full power of substitution and revocation to prosecute this application and to transact all business in the Patent Office:

James A. Oliff, Reg. No. 27,075; William P. Berridge, Reg. No. 30,024;  
Thomas J. Pardini, Reg. No. 30,411; Edward P. Walker, Reg. No. 31,450;  
Robert A. Miller, Reg. No. 32,771; Mario A. Costantino, Reg. No. 33,565;  
Joel S. Armstrong, Reg. No. 36,430; Christopher W. Brown, Reg. No. 38,025;  
Kirk M. Hudson, Reg. No. 27,562; and Richard E. Rice, Reg. No. 31,560.

ALL CORRESPONDENCE IN CONNECTION WITH THIS APPLICATION SHOULD BE SENT TO OLIFF & BERRIDGE, PLC, P.O. BOX 19928, ALEXANDRIA, VIRGINIA 22320, TELEPHONE (703) 836-6400.

I hereby declare that I have reviewed and understand the contents of this Declaration, and that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

1 **Typewritten Full Name of Sole or First Inventor** Mitsuhiro TAKEMURA  
Given Name Middle Initial Family Name

2 **Inventor's Signature:** MITSUHIRO TAKEMURA

3 **Date of Signature:** MARCH 30 2005  
Month Day Year

Residence: Ichinomiya-shi Aichi Japan  
City State or Province Country

Citizenship: Japan

Post Office Address: c/o TOKAI NENSHOKU CO., LTD., 5-17, Koendori, Ichinomiya-shi,  
(Insert complete mailing address, including country) Aichi 491-0842 Japan

Note to Inventor: Please sign name on line 2 exactly as it appears in line 1 and insert the actual date of signing on line 3.

IF THERE IS MORE THAN ONE INVENTOR USE PAGE 2 AND PLACE AN "X" HERE ☒  
(Discard this page in a sole inventor application)

1	Typewritten Full Name of Joint Inventor	<div style="text-align: center;">20</div> <div style="display: flex; justify-content: space-between;"> <span>Yutaka</span> <span></span> <span>ISHIGURO</span> </div> <div style="display: flex; justify-content: space-between;"> <span>Given Name</span> <span>Middle Initial</span> <span>Family Name</span> </div>		
2	Inventor's Signature:	<div style="display: flex; justify-content: space-between;"> <span><i>Yutaka</i></span> <span><i>Ishiguro</i></span> </div>		
3	Date of Signature:	<div style="display: flex; justify-content: space-between;"> <span>MARCH</span> <span>30</span> <span>2005</span> </div> <div style="display: flex; justify-content: space-between;"> <span>Month</span> <span>Day</span> <span>Year</span> </div>		
	Residence:	<div style="display: flex; justify-content: space-between;"> <span>Ichinomiya-shi</span> <span>Aichi</span> <span>Japan</span> </div> <div style="display: flex; justify-content: space-between;"> <span>City</span> <span>State or Province</span> <span>Country</span> </div>		
	Citizenship:	Japan		
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3	Date of Signature:	<div style="display: flex; justify-content: space-between;"> <span></span> <span></span> <span></span> </div> <div style="display: flex; justify-content: space-between;"> <span>Month</span> <span>Day</span> <span>Year</span> </div>		
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This form may be executed only when attached to the first page of the Declaration and Power of Attorney of the application to which it pertains.